

Sent from my iPhone

Begin forwarded message:

From: Christina Perry <[REDACTED]@gmail.com>
Date: May 15, 2018 at 10:43:08 AM PDT
To: John Beall <[REDACTED]@smokeypointbehavioralhospital.com>
Subject: Resignation

Good Morning.

Thank you for the opportunity to be employed at Smokey Point Behavioral Hospital. However, consider this as my letter of resignation. My last day will be May 31, 2018. I am resigning due to the following reasons:

I am consistently asked to manage a unit of up to 12 acute psychiatric patients with one tech or LPN. Some of which are on every five minute checks for suicide precautions. Extra staff is not provided for increased monitoring on 1West. The tech or second staff member is off the floor for a total of three hours a day for meals and smoke breaks which leaves me alone with several patients some of whom can be threatening or violent. This threatens my nursing license and safety. I have informed you and other members of leadership, Ryan, Gena, corporate as well on multiple occasions of my concerns with absolutely no solutions. I have been told to blame my coworkers for calling in sick when my unit is left short staffed. This has created an atmosphere of blame and resentment among some staff. I do not feel safe working here since there is not enough staff, I am concerned about my nursing license as I am consistently asked to function as two people. There has been the promise of more staff but this has not benefited me at all. Staff are scheduled for my unit but they are consistently pulled to staff other short staffed units.

I understood that there would be some risks associated with working in an acute psychiatric hospital but staff are told to call for help (code) if we cannot manage by ourselves or we are told to pull staff from other units. As other units are short staffed this is not really a viable option. I simply do not have the resources to run this unit safely for patients and staff. And now I am being asked to work overtime. I know you have offered to let me schedule for 1West, but in looking at that and needing an RN on the unit daily, there is no way for me to avoid overtime so I can take care of personal things and care for my son. I have expressed on multiple occasions that I cannot do overtime and that has been ignored. Also, because we do not have assigned work emails, that leaves my personal email and cell phone texts for staff communication which occurs on time off quite often, this is unpaid time for which there is no compensation.

Thank you, again, for the opportunity to serve a very underserved population.

Respectfully,

Christina Perry RN